

etc

September 2016

Sussex edition

FREE
Take me
home!

Interiors special

Dahl inspired bedrooms
Unusual autumn havens

Plus Education

Exams, foreign exchanges
and much, much more

Motoring

Flip for new reg cars

FASHION • PROPERTY • FOOD • INTERIORS

Welcome






Winner of the Gold Award 2008
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September 2016

With autumn knocking on our door it is time to think about retreating back into our homes. Steyning interior designer Clare Hudson looks at how to make autumnal changes to your property, while Kit Kemp reveals how to add a touch of hotel chic.

To celebrate the life of Roald Dahl, we feature a special children's collection of wallpapers, bedding and accessories. Plus, there is a chance to win a BFG bed set.

Aside from interiors, we meet a Hove coat designer, a sleep consultant, and head to Ford to find out about an initiative encouraging women to play football.

Finally, in this issue we look at what new reg motors are available, learn more about a course teaching women what is under their car bonnets, and focus on education, from early years through to university. Enjoy!



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Alex Jenkins, Editor

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Greyfriars Abbey is a dark grey limestone tile with an antiqued surface and rustic edge - perfect for a country style home. £69.95, Original Style, 01392 473000 www.originalstyle.com

Surviving the fall

Make your home feel like an autumnal haven with these great ideas from CLARE HUDSON.

September's face appearing on our calendars should be a welcomed arrival.

There is a perceptible shift in the air as the buzz and noise of summer starts to wane and autumn drifts in.

With children returning to school and the inevitable footwear swap from flip flops to wellies and our drinking penchant from Pimms to sloe gin, I always feel that in autumn there is the opportunity for new beginnings.

While January has all the hype of resolutions and good intentions, coming straight on the heels of one of the busiest and most stressful times of the year, whom of us genuinely feels like putting ourselves through more pressure?

The fall on the other hand, with its gentle

shift from the hubbub of summer to possibly the only time in the year when the next social engagement (Hallowe'en) is still a far off thought, is a tranquil period that is highly conducive to implementing home improvements.

If you are looking to undertake a more substantial design project that you will utilize straight away, I would advocate creating a reading refuge or building a boot room.

Here are our tips on key things to remember in order to achieve that designed look:

Reading retreat

At the forefront of your design, it needs to be a cosy and inviting space, where you can snuggle into your cashmere throws and be a bit self-indulgent.



This Ely table lamp has a stunning pale blue geometric print design (shade sold separately). £114, dár lighting group www.darlighting.co.uk



This Willesley window seat storage in avola white would make a fantastic place for a reading spot.
POA, Hammonds Furniture, 0800 021 4360
www.hammonds-uk.com

Whether you are a weekend newspaper lover or an afternoon novel guzzler, your needs are the same; a comfortable seat, good light levels and a level surface to perch your favourite tipple.

I am a huge advocate of window seats. Alternatively, look around your home for nooks where a joiner could create a reading sanctuary – bay windows, landings and spaces between wardrobes or bookcases are ideal.

Cladding the upper portion with tongue and groove panelling before getting a simple cushion pad with smart piping around the edge, will complete the designed look.

Don't forget to utilize the space below for drawers or open shelving to house your books.

Boot room

The second larger renovation move every house should have is to build a boot room.

Allocating a whole room for this is the ultimate, but don't despair if you don't have that luxury as you will be amazed how a simple bench and cleverly designed storage tucked into a corridor will achieve the same result.

It all comes down to utilising the space efficiently. Confining shoes, jackets and umbrellas to specific zones is the end game.

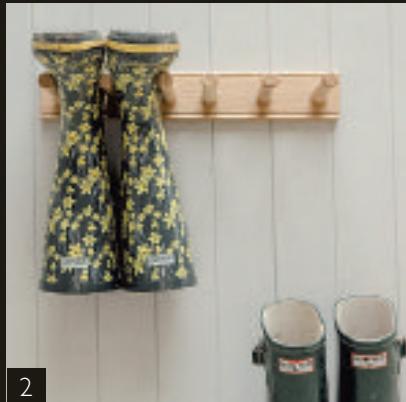
Including adequate hooks for all your Barbour's and Schoffels, a bench for ease to pull on your footwear; with shelving below for muddy shoes and an integrated boot pull with mud collector is key.

When it comes to colour schemes and wall treatments, be adventurous.

This is a mucky area so go a few shades darker than you normally would.

Choosing a patterned wallpaper will help to hide any dirty marks from wet jackets brushing against the walls.

Ensure the flooring is one that can take a bit of a battering, it doesn't show up every grain of mud and can be easily cleaned. Tiles are ideal.



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1. This wallpaper is Tapete Picture Gallery von Sanderson, €94, www.5qm.de;

2. Wall-mounted Wellington boot rack, £29.95, Grace & Glory, 01271 370095 www.graceandgloryhome.co.uk;

3. Storage bench with baskets and woven seats £120, The White Lighthouse, 02890 480200 www.thewhitelighthousefurniture.co.uk



This sophisticated Aidan table lamp has a ceramic base with a classic subtle pale grey background featuring a horse and rider motif.
£138, Delcor, 0191 237 1303 www.delcor.co.uk



We love this funky foxy teal blind.
From £99, Direct Blinds, 0333 3314 813 www.directblinds.co.uk

For two quicker and less costly design tips to create that autumnal ambiance in your home here is what is on our agenda this month:

1. Lighting will be your greatest ally. As depleting light levels edge into the coming months, adding low level lighting from table lamps to floor lamps will help to introduce layers of warmth.

2. Make a dropped leaf wreath for your entrance hall. If you have a mirror in your entrance hall, replace it with a homemade wreath. The golden ambers and burnt orange leaves will look like a piece of artwork and will instantly change the mood of your home.

Ultimately by mimicking the earthy colours of the season from yellow, brown, green, orange and gold tones to displaying natural props from woody twigs, dropped leaves, pears and pumpkins you can create the warmth of autumn interior.

Get the look...

Clare Hudson owns Clare Hudson Design, an interior design and architecture practice in Steyning that offers a complete service from concept to completion.

The company believes that good design does not have to cost the earth and for each project it creates a unique design concept that suits the clients' taste and lifestyle.

For large or complex renovation projects the interior architecture service is the ticket. Producing all the CAD drawings and 3D visuals in house, it delivers interiors through the spatial adaptation of an existing footprint.

If you are not planning any major building works to your home but want to give it an update, then the interior design service is the answer. The team will work closely with you to understand your requirements before producing comprehensive mood boards that compile colour and soft furnishing schemes.

From updating one room to an entire property refurbishment let Clare Hudson Design transform your home.

Clare Hudson Design Studio, 10 Southdown Terrace, Station Road, Steyning.

Call 01903 814240, 07825544168 or visit www.clarehudsondesign.co.uk